

For safe-keeping

Kofu City

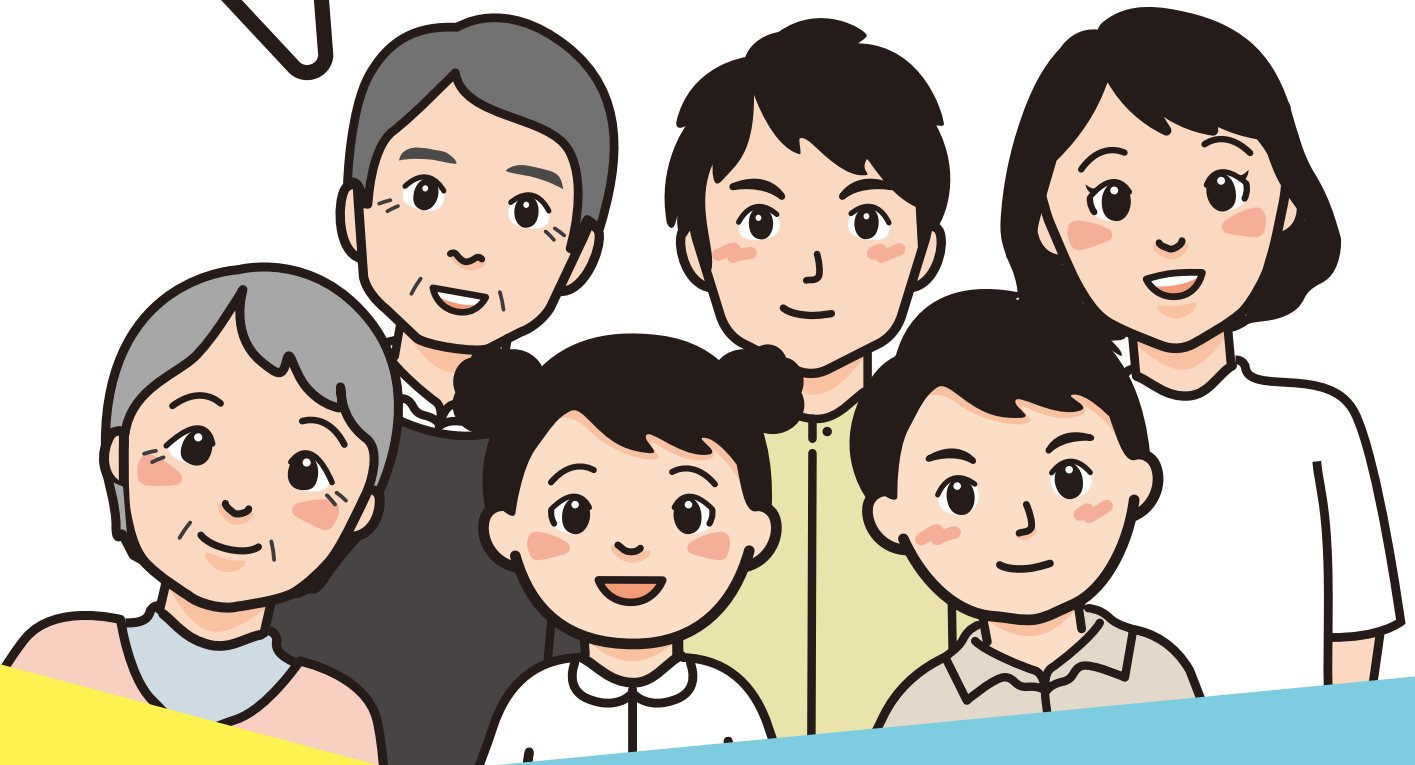
Kofu PR Ambassador  
Takeda Haru-kun



# Household Disaster Preparedness Handbook



Let's learn together  
and stay safe!



Learn! Protect yourself! Prepare!

I would like to express my sincere gratitude to all citizens for their tremendous understanding and cooperation in the advancement of the city government, including disaster preparedness administration.

In recent years, torrential rain and large typhoons have raged across Japan, causing severe damage and loss of precious human lives. In addition, the Nankai Trough earthquake, which is predicted to occur imminently in the near future, is expected to be an earthquake in the order of magnitude 8 to 9, prompting major concerns that it could cause significant damage.

In preparation for natural disasters, which are becoming more severe and more frequent, the city is taking various disaster preparedness and mitigation measures, such as concluding disaster prevention agreements with administrative agencies and private organizations, holding district workshops on flood evacuation, and disaster preparedness classes for parents and children, supplementing disaster preparedness stockpiles, and training Disaster Prevention Leaders.

In order to minimize the damage caused by natural disasters, it is crucial that local community members play the role of "mutual aid" providers by helping one another, as well as engage in "self-help" to protect oneself. On top of this, the local government vows to provide "public assistance".

This handbook was prepared to raise awareness of the importance of "mutual aid" and "self-help" and disaster preparedness to help citizens protect their lives, bodies, and property by providing basic knowledge about earthquakes, typhoons, floods, and other disasters, as well as daily preparations and actions to take in the event of a disaster. I hope you will find this information useful in your disaster preparations efforts.



**Yuichi Higuchi**  
Mayor of Kofu City

## Let's start preparing for an emergency now!

**What would you do if disaster struck now?**

**We can take smart steps now to minimize any damage that may occur.**

**Let's do what we can now to prepare for that day!**

Helping each other will minimize damage and help your area swiftly recover!

### Public assistance

Support and recovery measures by city hall, police, fire department, Self-Defense Forces, etc.



### Self-help

Protecting yourself and your family's life

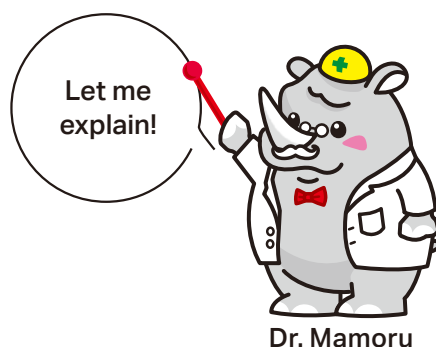


### Mutual aid

Working with neighbors to help one another and protect lives and your local community



# Share your new knowledge of disaster preparedness with others!



Although we cannot eliminate natural disasters such as earthquakes and typhoons, each of us can help reduce any possible damage by staying prepared on a daily basis.

It is very important to gather information and knowledge about disasters and improve our level of disaster preparedness.

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